



2011 Prohibited List

Summary of Major Modifications

INTRODUCTORY PARAGRAPH (S0 Section)

- An introductory sentence emphasizing the status of drugs with no official approval and not covered by other sections of the *Prohibited List* has been added.

SUBSTANCES AND METHODS PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

S2. Peptide Hormones, Growth Factors and Related Substances

- To reflect the growing number of substances developed to stimulate erythropoiesis, hypoxia-inducible factor (HIF)-stabilizers have been added as an example.
- The non-proprietary name of Hematide has been added (peginesatide)
- Intra-muscular use of Platelet-Derived Preparations (PRP) has been removed from the *Prohibited List*.

S3. Beta2-agonists:

- All references to the Declaration of Use have been deleted.

S5. Diuretics and Other Masking Agents

- Desmopressin has been added as an example of masking agent.

- The last paragraph of section S5 has been revised to more clearly explain the consequences of detecting an exogenous threshold substance at a sub-threshold concentration in the presence of a diuretic or other masking agent.

PROHIBITED METHODS

M2. Chemical and Physical Manipulation

- Methods that consist of sequentially withdrawing, manipulating and reinfusing whole blood into the circulation have been added to this category.

M3. Gene Doping

- For clarification purposes the gene doping definition was reworded and split into three points.

SUBSTANCES AND METHODS PROHIBITED IN-COMPETITION

S6. Stimulants

- The spelling of levmetamfetamine has been corrected as per its International Non-proprietary Name.
- Methylhexanamine has been transferred to the list of specified stimulants.

S8. Cannabinoids.

- The definition was reworded to clarify that all cannabimimetics are included in this section

9. Glucocorticosteroids

- Only the prohibited routes of administration are now listed in this section.

SUBSTANCES PROHIBITED IN PARTICULAR SPORTS

P1. Alcohol

- At the request of the Union Internationale de Pentathlon Moderne (UIPM) and due to changes introduced in the format of the competition, alcohol is no longer prohibited in Modern Pentathlon for disciplines involving shooting.

P2. Beta-blockers

- It is clarified that, in addition to Bobsleigh, beta-blockers are also prohibited in Skeleton, which are both governed by the Fédération Internationale de Bobsleigh et de Tobogganing (FIBT).
- At the request of the Fédération Internationale de Gymnastique (FIG), gymnastics has been removed from this category.
- At the request of the World Darts Federation (WDF), darts have been added to this category.