

## THE 2010 MONITORING PROGRAM\*

The following substances are placed on the 2010 Monitoring Program:

- 1. Stimulants:** ***In-Competition Only:** Bupropion, caffeine, phenylephrine, phenylpropanolamine, pipradrol, pseudoephedrine (< 150 micrograms per milliliter), synephrine.*
- 2. Narcotics:** ***In-Competition Only:** Morphine/codeine ratio.*

\* The *World Anti-Doping Code* (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport."